Classic Hollandaise Sauce

Serves: 8

Hollandaise is a classic French sauce that should be fluffy, light, airy, lemony, A great sauce for eggs benedict or drizzled over steamed vegetables.

Yield: 2 cups

Cook Time: 5 minutes

Ingredients:

3 sticks	butter, clarified
4	extra large egg yolks
1/4 cup	water
1	large lemon, juiced
1 teaspoon	lemon zest
	kosher salt, to taste
	cayenne pepper, to taste

Directions:

- 1. Melt the butter in a large saucepan over medium heat. Remove from heat and allow to stand allowing the milk solids to settle to the bottom.
- 2. Carefully skim off any excess milk solids on the surface.
- 3. Pour only the clear butterfat into a measuring cup, leaving the milky-watery layer behind. Keep warm.
- 4. Fill a large saucepan with 1 inch of water and bring to a simmer over medium heat; then reduce the heat to low.
- 5. Put egg yolks, lemon juice, 1/2 tsp. salt, and 1/4 cup water in a stainless-steel bowl that will fit over the saucepan without touching the water.
- 6. Place the bowl over the simmering water and whisk vigorously until the mixture is thick and frothy and the whisk leaves a trail in the mixture, 2 to 5 minutes.
- 7. Adjust salt and add cayenne pepper to taste and whisk till incorporated. Turn off heat to keep eggs from curdling. Ready to use.

The Silver Chef - "Cooking Isn't Rocket Science...Baking Is Chemistry" / Salads/Dressings/Sauces

